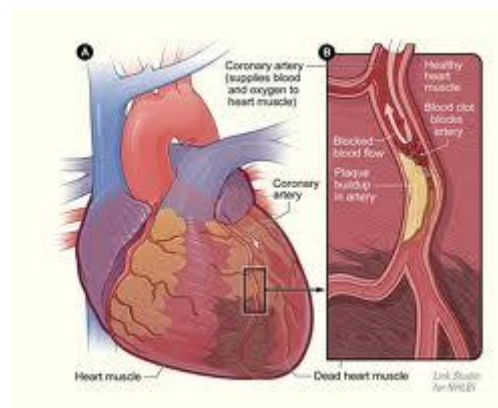


Heart Failure

Heart failure means that your heart is not functioning as well as it should. Heart failure can be caused by so many different conditions

(Understanding Your Health)



How does the heart works?

The heart has four chambers-two atria and two ventricles. The walls of the chambers are made mainly of special heart muscle.

What cause heart failure?

Condition that causes heart failure affect the ability of the heart to function well as pump.

Condition that may cause failure including the following:

- Ischaemic heart disease (IHD), also called coronary heart disease, is the most common cause of heart failure. In this condition, the blood flow to the heart muscle is reduced by narrowing of the coronary arteries that supply the heart muscle with blood and oxygen.

Other related causes are:

- High blood pressure, disease of heart valves, disease of heart valves, excess of alcohol..

What are the Systems of heart failure

- Left heart failure causes breathlessness
- Right causes swollen leg and ankle
- Tiredness, dizziness, feeling sick, constipated, loss of appetite, light headed

Treatment Available:

- The use of medicine such as aspirins and warfarin for blood thinning and will prevent future blood clotting
- (important to only take tablets that are prescribe for you)
- Bypass surgery and angiography, thrombolytic therapy, blood tests

Useful Information ????

- The need of counselling upon request is readily available
- If you are worried about your health it is important to speak to a health professional like doctor & health professional will be able to explain it in more detail.

For more information on heart failure

Call on

Phone: (09) 5719191

Or

Visit Website

www.heartfoundatio.org.nz

